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THE RELATIONSHIP TRAINING INSTITUTE PRESENTS  
in conjunction with SD-CAMFT

## Suicide Therapies That Work

Presenter: Lisa Firestone, Ph.D.

March 29, 2019 (Friday)

**NEW REGULATIONS: ALL CALIFORNIA PSYCHOLOGISTS  
REQUIRED TO ATTEND TRAINING IN SUICIDE THERAPIES  
(STARTING 2020), AND NOW ALL MFTS/LCSWS ALSO  
REQUIRED (STARTING 2021)**

**Enroll In The Best Course In California And Take Care Of This Now!**

Suicide is on the rise in the United States, having gone up 24% between 1994 and 2014. It is the most common psychiatric emergency that therapists will encounter. Recent research has identified suicide-specific therapies that are effective in treating both suicidal ideation and behavior. The problem is that most therapists are not aware of them nor have they been trained in them, so most suicidal clients do not receive these potentially lifesaving treatments. For therapists with an active clinical practice, suicide is an occupational hazard that can be both emotionally and practically devastating—and 25% of family members of suicidal patients take legal actions against the patient's mental health treatment team.

This workshop will provide an invaluable opportunity for therapists to implement these empirically validated, evidence-based treatments for suicide that are fast becoming the standard of care.

In this workshop you will learn to...

- Identify the most important techniques/tools for assessing suicidal risk
- Recognize innovative and effective suicide therapies which will assist clinicians in practicing to the standard of care
- Activate strategies to minimize the risk of successful lawsuits or sanctions
- Find effective coping strategies for the emotional impact of working with clients who attempt suicide or actually commit suicide
- Implement effective state-of-the-art crisis interventions for suicidal patients

RTI is approved by the American Psychological Association to sponsor continuing education for psychologists. RTI maintains responsibility for this program and its content.

RTI has been approved by NBCC as an Approved Continuing Education Provider, ACEP#6181. Programs that do not qualify for NBCC credit are clearly identified. RTI is solely responsible for all aspects of the program.

**For more information:**

Visit our website at [www.RTIprojects.org](http://www.RTIprojects.org) or  
Contact Suzanne Smyth-Cohen at 619.296.8103, ext. 10  
E-mail: [rtiworkshops@gmail.com](mailto:rtiworkshops@gmail.com)

### ABOUT THE SPEAKER:

Lisa Firestone, Ph.D., is a clinical psychologist in Santa Barbara, the Director of Research and Education at The Glendon Association, and Senior Editor for the mental health website PsychAlive.org. She is the author of *Conquer Your Critical Inner Voice*, *Creating a Life of Meaning and Compassion*, and *The Self Under Siege*. Dr. Firestone is a national and international presenter on the topics of suicide and violence as well as couple relationships and parenting, and she also blogs on *Psychology Today* and the *Huffington Post*. You can visit the websites [www.glendon.org](http://www.glendon.org) and [www.psychalive.org](http://www.psychalive.org) to learn more about her work.



### DATE, TIME & LOCATION:

March 29, 2019 (Friday)  
Registration: 8:00 AM  
Workshop: 8:30 AM - 3:30 PM  
National University-Spectrum Campus  
9388 Lightwave Avenue  
San Diego, CA 92123

### FEES

\$170 (paid registration by March 4)  
\$190 (paid after March 4)  
\$150 FT Student, Allied Agency, SDPA,  
SD-CAMFT, SD Psychoanalytic Society (paid by March 4)  
\$170 FT Student, Allied Agency, SDPA,  
SD-CAMFT, SD Psychoanalytic Society (paid after March 4)

### Registration Options:

**On-line:** [www.RTIprojects.org](http://www.RTIprojects.org)  
**Fax:** 619.296.5027  
**Mail:** 4036 Third Avenue  
San Diego, CA 92103  
**Call:** 619.296.8103 ext.10

This workshop is approved for 6.0 Continuing Education Hours for advanced continuing education for psychologists, LCSWs, MFTs, NBCC, and NAADAC.

